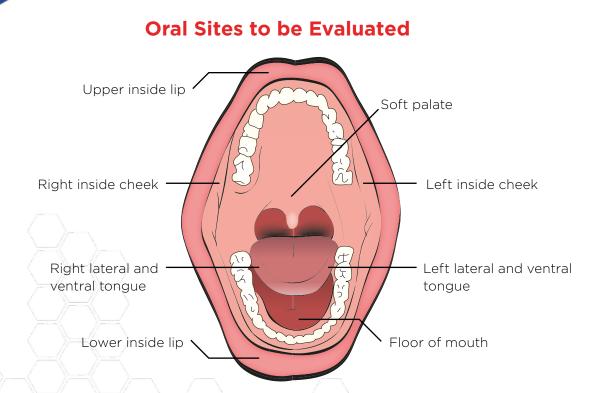
Appendix 1.0: Mouth Care **Quick Guide**

UK Oral Mucositis in Cancer Group | Mouth care guidance and support in cancer and palliative care



Patient Risk Factors^{1,2,3}

- Dehydration
- Poor nutritional intake
- Type and extent of malignancy, other co-morbidity factors
- Type and dose of anti-cancer therapy
- Inability or lack of motivation towards undertaking oral hygiene
- Other drugs and therapies causing dryness or changing the normal mucosal environment e.g. opiates, diuretics, sedatives, oxygen therapy
- Age (older adults and children are more susceptible to oral problems)
- Rapid breathing
- Pre-existing dental problems
- Alcohol/tobacco use

WHO Oral Toxicity Scale

OM Grade	Clinical Presentation
1	Soreness +/- erythema, no ulceration.
2	Erythema, ulcers. Patients can swallow solid diet.
3	Ulcers, extensive erythema. Patients cannot swallow solid diet.
4	OM to the extent that alimentation is not possible.

1. Barasch & Peterson (2003). 2. Beck (2004). 3. Quinn (2008).