A Practical Guide to Effective

Non Medical Prescribing in End of Life Care

For Current and Aspiring Non Medical Prescribers

Monday 27 April 2020 West One De Vere Conference Centre London



Conference Chair & Speakers include:

Dr Barry Quinn

Senior Lecturer for Cancer and Palliative Care Queen's University Belfast

Dr Dianne Bowskill

Lecturer & Non Medical Prescribing Lead, Faculty of Medicine & Health Sciences University of Nottingham







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"The Department of Health and Social Care has recently reiterated its commitment to improvement in the quality of end-of-life care and emphasised the importance of all patients having rapid access to medication."

Community palliative care clinical nurse specialists as independent prescribers: part 1 Kathy Latham, Brian Nyatanga

"Commonly prescribed drugs such as opioids, anti-emetics, anti-secretory drugs, antipsychotic agents and mouth care products can significantly enhance the role of the CNS in palliative care and the support and care provided for our dying patients."

Non-medical Prescribing in Palliative and End-of-Life Care (EOLC), Emma Sweeney

This important national conference provides an essential update for current and aspiring non medical prescribers on prescribing at the end of life. It is widely recognized that pain and symptom control at the end of life is not always optimal, the development of non medical prescribing has a key role in improving pain and symptom control for patients at the end of life. The conference, which includes national updates, extended in depth sessions and case studies will focus on developing your skills and competence as a non medical prescriber in end of life care.

"There are unacceptable variations in aspects of palliative and end of life care such as access to pain control, related to different care settings" Ambitions for Palliative and End of Life Care: A national framework for local action 2015-2020

"People have watched their loved ones dying in pain or in an agitated state because their symptoms have been ineffectively or poorly managed... These cases show how pain, agitation and other distressing symptoms were not adequately controlled as people neared the end of their lives. This caused additional unnecessary suffering for the person who was dying, and also for their loved ones, who were by their bedside in their final days and hours. In many cases, this distress could have been avoided."

The Parliamentary and Health Service The Health Service Ombudsman

"NMP in a palliative care context may be one mechanism through which people can be supported to remain at home with well controlled symptoms at the end of life. For example, patients with cancer typically spend 65-80% of their last 6 months of life at home and adequate pain control is often hindered by poor access to effective timely analgesia. These patients often have multiple, rapidly changing symptoms requiring highly specialist management"

Non-Medical Prescribing in Palliative Care: A Regional Survey, Dr Lucy Ziegler University of Leeds

The conference will also update non medical prescribers in the issues around prescribing controlled drugs. In their July 2019 Annual Report the Care Quality Commission stated that "prescribing by non-medical prescribers increased, with nurse prescribing increasing by 10% and pharmacist prescribing by 56%."

This conference will enable you to:

- Network with colleagues who are working to improving non medical prescribing in end of life care
- Learn from outstanding practice in end of life care prescribing
 - Understand how to effectively develop, demonstrate and maintain continued competence in Prescribing for patients at the end of life
- Reflect on lessons from experts in non medical prescribing for specific case study areas with in depth interactive sessions focusing on Nurse Prescribing for Pain

Nurse Prescribing in community settings

Controlled drugs and use of drugs beyond the product licence

The use of Syringe Drivers and Syringe Driver combinations

Best practice in prescribing for symptom control at the end of life

Nurse prescribing within a hospice setting

Anticipatory prescribing

- Identify key strategies for improving non medical prescribing practice at the end of life
- Develop your role and confidence as a non medical prescriber
- · Self assess, reflect and expand your skills in prescribing practice whilst understanding your limits of practice



10.00 Chair's Welcome

Dr Barry Quinn

Senior Lecturer for Cancer and Palliative Care, Queen's University Belfast

10.10 Non Medical Prescribing: National Update

Representative

Associate for Prescribers

- national developments in non medical prescribing
- developing confidence and competence in your ability to prescribe
- demonstrating compliance with the NMC Code for revalidation
- the benefits of non medical prescribing in end of life care

10.40 EXTENDED SESSION

Non Medical Prescribing at the End of Life: Governance and Leadership

Anne Nash

Consultant Nurse, Inpatient Unit St Christopher's Hospice

- governance of non medical prescribing in end of life care
- why are non medical prescribers who are trained to prescribe in end of life care not prescribing?
- difficult issues in end of life care prescribing
- · what medication errors do we see in this area?
- my experience: tips and advice

11.20 Question and answers, followed by tea & coffee at 11.30

11.50 EXTENDED SESSION

Non Medical Prescribing for Pain at the End of Life

Inge Bateman

Lead Clinical Nurse Specialist In-patient Pain Service Western Sussex Hospitals NHS Foundation Trust

- So how can you develop, demonstrate and maintain continued competence in non medica prescribing?
- management of pain leading up to End of Life
- case based discussion related to the role of the Inpatient Pain Service and how this can complement the Palliative Care Team or support Hospice care

12.50 Question and answers, followed by lunch at 13.00

13.45 EXTENDED SESSION

Ensuring competence and confidence in prescribing practice

Dr Dianne Bowskill

Lecturer & Non Medical Prescribing Lead, Faculty of Medicine & Health Sciences University of Nottingham

- improving non medical prescribing practice
- implementing the national competency framework
- \bullet the new Designated Prescribing Practitioner Framework
- ensuring you have the history-taking, clinical assessment and diagnosis skills to prescribe appropriately and effectively
- keeping your prescribing knowledge up-to-date: accessing education, training and resources
- difficult issues: pharmacology & prescribing decision making, understanding comorbidity issues and drug interactions
- understanding your limits of practice and competence
- the practicalities/governance of prescribing controlled drugs including beyond product license
- interactive question session

14.30 Controlled drugs and use of drugs beyond produce licence

Melinda Presland

Consultant Pharmacist in Palliative and End of Life Care
Oxford University Hospitals NHS Foundation Trust

- controlled drugs and non medical prescribing
- \bullet the practicalities and governance of prescribing controlled drugs
- non medical prescribing and the use of Syringe Drivers and Syringe Driver combinations
- case study: oral controlled drugs and syringe driver controlled driver

15.00 Non Medical Prescribing in a hospice

Jackie Whiller

Consultant Nurse
Mountbatten Hospice

- non medical prescribing in a hospice setting: issues and benefits
- overcoming issues such as training required, engagement and support of primary care, expectations of the role, not wanting to de-skill doctors and difficulties in accessing prescription pads
- the benefits we have seen from non-medical prescribing
- \bullet prescribing of controlled drugs in practice

15.30 Question and answers, followed by tea & coffee

16.00 Best practice in prescribing for symptom control in End of Life Care

Speaker to be announced

- prescribing for symptom control: current issues
- best practice in prescribing for symptom control at the end of life
- improving confidence in prescribing practice
- prescribing for breathlessness at the end of life
- supporting non medical prescribers: infrastructure needed to support the safe and effective development and implementation of Non Medical Prescribing

16.30 Non Medical Prescribing in the patient's home and the community

Speaker to be announced

- the role of non medical prescribing in enabling people to remain at home
- developing the prescribing role in community nursing
- our experience and case histories
- $\bullet \ \ facilitating \ anticipatory \ prescribing$

17.00 Question and answers, followed by close

Non Medical Prescribing In End of Life Care For Current and Aspiring Non Medical Prescribers West One De Vere Conference Centre London

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Venue

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before we can accept the booking

A map of the venue will be sent with confirmation of your booking.

Date Monday 27 April 2020

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
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