



## Appendix 3.0:

# Formulary

UK Oral Mucositis in Cancer Group | **Mouth care guidance and support in cancer and palliative care**

<b>Product Category</b>	<b>Product</b>	<b>Indication</b>	<b>Special Considerations</b>
<b>Analgesia</b>	<b>Benzydamine Diffiam®</b>	Oromucosal spray and mouthwash that acts as local analgesics and anti-inflammatory treatment for the relief of painful inflammatory conditions of the mouth and throat	Contains ethanol Not intended to be swallowed
	<b>Xylocaine 10% Spray</b>	Apply thinly using cotton bud on ulcer	Unlicensed use Should not spray at rear of oral cavity due to risk of possible aspiration
	<b>Lidocaine 5%</b>	Water miscible - apply sparingly on affected area	Should not apply at rear of oral cavity due to risk of possible aspiration
<b>Mouth Rinse</b>	<b>Caphosol®</b>	An oral rinse used for patients with dryness of the mouth and oropharynx It is indicated as an adjunct to standard oral care in both the prevention and treatment of mucositis	
	<b>OraLife Mouthwash</b>	Designed to aid cleaning and hygiene Relieves sensation of dry mouth	Products currently being re-formulated
<b>Mucosal Protectant</b>	<b>Episil®</b>	An oral liquid that may be used to relieve pain in patients suffering from oral mucositis	Do not use this product if the patient is allergic to peanut or soya
	<b>GelClair®</b>	A gel that helps in the management of lesions of the oropharyngeal cavity, by forming a protective film that helps to provide pain relief, soothing mouth lesions	Can be applied directly to mucosa without dilution
	<b>MuGard®</b>	A mucoadhesive oral wound rinse indicated for the management of oral mucositis/stomatitis	Licensing and supply issues. (Available in USA but not in many European countries)
<b>Systemic Therapies</b>	<b>Folinic Acid (given as calcium folinate)</b>	Used to counteract the folate antagonist action of methotrexate	
	<b>Palifermin</b>	An intravenous injection containing human keratinocyte growth factor, indicated for the management of oral mucositis	



## Appendix 3.1:

# Formulary

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<b>Product Category</b>	<b>Product</b>	<b>Indication</b>	<b>Special Considerations</b>
<b>Systemic Therapies</b>	Salagen® Pilocarpine	An oral tablet used for the treatment of xerostomia following irradiation for head and neck cancer	Should only be used in patients who have some residual salivary gland function
<b>Artificial Saliva</b>	AS Saliva Orthana®	Oral spray and lozenges used for patients suffering from dry mouth	Not suitable for vegetarians, halal or kosher diets
	Biotène® products	Various products which provide symptomatic treatment of dry mouth	Contains lactulose
	BioXtra® products	Oral spray and gel used for patients suffering from dry mouth	
	Glandosane®	An aerosol spray used for patients suffering from dry mouth	Not suitable for vegetarian halal or kosher diet  Due to high PH has the potential to damage the teeth enamel
	Saliveze™	An oral spray used for patients suffering from dry mouth	
	Xerotin®	A spray used for symptomatic treatment of dry mouth	Sugar free
<b>Salivary Stimulants</b>	Salivix®	Oral pastilles used for patients suffering from dry mouth	Sugar free
	Salivary Stimulating Tablets SST®	Tablets used for the symptomatic treatment of dry mouth in patients with impaired salivary gland function	
<b>Other</b>	OraLife Gel	Contains adelmidrol to stabilise mast cells and prevent/relieve symptoms of OM	
	TraLife Spray	Anti-inflammatory barrier spray for OM and throat problems	
	Chlorhexidine	May help in cleaning the oral cavity when normal brushing is not possible after oral surgery	May be contra-indicated when someone has evidence of OM. Generally contra-indicated in the head and neck setting